



Signed by Chair of Governors .....

Date approved by Governors .....March 2018.....

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## **PSHE & Citizenship Policy**

### **Introduction**

This policy outlines the aims, principles and strategies for the teaching and learning of Personal, Social and Health education and Citizenship at Trowse Primary School. PSHE promotes the personal and social development of our children.

### **Aims**

Trowse School recognises the importance of personal, social and health education and citizenship. We aim to give the pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens who make a positive contribution to the community.

Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of Trowse School and its community. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning. They reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. They will also find out about the main political and social institutions that affect their lives and about their responsibilities, rights and duties as individuals and members of communities. They will learn to understand and respect our common humanity, diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

### **Framework for teaching PSHE**

**During the Foundation Stage and Key Stage 1** pupils learn about themselves as developing individuals and as members of their communities, building on their own experiences and on the early learning goals for personal, social and emotional development. They learn the basic rules and skills for keeping themselves healthy and safe and for behaving well. They have opportunities to show they can take some responsibility for themselves and their environment. They begin to learn about their own and other people's feelings and become aware of the views, needs and rights of other children and older people. As members of a class and school community, they learn social

skills such as how to share, take turns, play, help others, resolve simple arguments and resist bullying. They begin to take an active part in the life of their school and its neighbourhood.

**During key stage 2** pupils learn about themselves as growing and changing individuals with their own experiences and ideas, and as members of their communities. They become more mature, independent and self-confident. They learn about the wider world and the interdependence of communities within it. They develop their sense of social justice and moral responsibility and begin to understand that their own choices and behaviour can affect local, national or global issues and political and social institutions. They learn how to take part more fully in school and community activities. As they begin to develop into young adults, they face the changes of puberty and transfer to secondary school with support and encouragement from their school. They learn how to make more confident and informed choices about their health and environment; to take more responsibility, individually and as a group, for their own learning; and to resist bullying.

### **Teaching strategies**

At Trowse we aim to use a combination of the following three forms of provision to teach PSHE & Citizenship.

- *Discrete curriculum time*, e.g: discussion through circle time and celebration assemblies. We will deliver the PSHE curriculum primarily through using the PATHS scheme. These lessons may be delivered in isolation, due to the very specific nature of the content, or may be delivered in a cross curricular way.
- *Teaching through and in other subject areas*
- *Through PSHE and Citizenship activities and school events*, e.g: school visits, special days or weeks in school, such as book week.

At Trowse we aim to emphasise active learning, enquiry, discussion and participation in citizenship activities, particularly the school and Class Councils.

### **Enrichment opportunities**

Trowse School teaches the National Curriculum effectively, but aims to give the children a richer and more varied education through a wide variety of enrichment activities. These activities include:

School Council

Residential and day visits

P.E. clubs, e.g. netball, football

Fundraising for local, national and international causes

Involvement in the community, e.g.: visiting local residential homes

Special weeks

Buddy Groups

Visits from speakers

## **Assessment, recording and reporting**

There are two main areas for assessment:

- 1 *Knowledge and understanding* – understanding rules, health and safety procedures, ideas such as democracy.
- 2 *Using the knowledge and understanding* to develop skills and attitudes – managing conflict and promoting positive relationships.

Assessment will not be used to judge the worth, personality or value of a child, but to ensure that each child is given the opportunity to become a thoughtful and balanced person. Teachers make a comment in each child's end-of-year annual report in the '*general comments*' section.

## **Monitoring and evaluation**

The PSHE and Citizenship policy is reviewed regularly. All staff are encouraged to contribute ideas to its future development.

## **Differentiation**

Staff will ensure that tasks and resources are differentiated where appropriate.

## **Equal Opportunities**

PSHE and Citizenship aims to provide opportunities for pupils to reflect on the meaning and provision of equal opportunities both in the school and in the world outside. (See Equal Opportunities Policy).